### **RSVP**

You can attend this event virtually from anywhere with an internet connection, by telephone or in person at the University of Virginia's Quayle Learning Center, Battle Building (Children's Hospital), 1204 W Main St, Charlottesville, Virginia. The Quayle learning center is located on the ground floor to the right of the information desk.

Parking is free at the 11th Street parking garage which is conveniently attached to the Battle Building.

There is a non-refundable registration fee of:

\$1 for virtual/telephone attendance \$10 for in-person attendance

Registration deadline for in-person attendees: Friday, September 1.

#### Register on-line via: pci.foc.virginia.edu/uvapulmonaryfibrosis

Breakfast, lunch, parking validation and oxygen tanks are included for in-person participants.

Please email us with any on-site dietary or oxygen needs at: **PF-ILD@uvahealth.org** 

Virtual participants please register to receive the Zoom meeting link and login instructions.

Supported by the Pulmonary Fibrosis Foundation www.pulmonaryfibrosis.org

### **Keynote Address:**

Seeing is Believing -New Imaging Techniques for Pulmonary Fibrosis



SYDNEY MONTESI, MD Assistant Professor of Medicine, Harvard Medical School

Questions? Email us at: PF-ILD@uvahealth.org



UVA DIVISION OF PULMONARY AND CRITICAL CARE MEDICINE PO Box 800546 Charlottesville, VA 22908-0546 uvahealth.com/pulmonary

# **PULMONARY FIBROSIS**

# 5th Annual **Patient Education Day**

Saturday, September 09, 2023 Attend Live or Virtually!

University of Virginia Quayle Learning Center 1204 W Main St Charlottesville VA 22903

# **WVAHealth**

### 5th Annual UVA Pulmonary Fibrosis Patient Conference Saturday, September 09, 2023 8am - 1:30pm

The UVA Division of Pulmonary and Critical Care Medicine invites patients, friends and family to this one-day event to learn more about pulmonary fibrosis. Attend on-line or in person!

- Learn about new treatments and ways to improve quality of life
- Meet other patients and families living with pulmonary fibrosis
- Meet physicians and providers who specialize in pulmonary fibrosis patient care
- Enjoy camaraderie and fellowship with like minded individuals

#### **Register on-line via:**

#### pci.foc.virginia.edu/uvapulmonaryfibrosis

### Agenda

#### **Registration and Breakfast**

8:00 - 9:00

### Looking Beyond the Hourglass: Navigating the Changing Landscape of ILD

Imre Noth, MD | Division Chief, UVA Pulmonary and Critical Care 9:00 - 9:20

#### Keynote: Seeing is Believing - New Imaging Techniques for Pulmonary Fibrosis

Sydney Montesi, MD | Assistant Professor of Medicine, Harvard Medical School 9:20 - 10:00

### Through the Looking Glass: Autoimmune and Sarcoid

Cathy Bonham MD|Scientific Director, ILD Program 10:00 - 10:20

#### Break

10:20 - 10:45

## Down the Rabbit Hole: Update in ILD Clinical Trials

Tessy Paul, MD| Mdical Director, ILD Program 10:45 - 11:05

#### Through the Lens of Hope: Transforming Lives

#### **Through Lung Transplantation**

Hannah Mannem, MD| Medical Director, Lung Transplant 11:05 - 11:25

#### Sifting Through the Resources: Accessin Support and Services for Chronic Illness Management

Casey Cavanaugh, PhD| Psychiatry and Neurobehavioral Sciences 11:25 - 11:50

Lunch

#### 11:50 - 12:20

# In the Sands of Stress: Mindfulness Techniques for Managing Everyday Challenges

Talia Pollok, DPT | Pulmonary Rehab Manager 12:20 - 12:40

## Building Bridges: Interdisciplinary Approaches to Diagnosing Interstitial Lung Disease

Numaan Malik, MD | Medical Director, Pulmonary Clinic 12:40 - 1:00

Q & A/Closing Remarks

**WVAHealth** 

PULMONARY FIBROSIS PATIENT EDUCATION